



South County Outreach Students Against Hunger



***Need Community
Service Hours?***

**Partner with SCO and
receive community
service hours for
donated food items.**

With school approval, receive **1 hour community service for every 40lbs food donated.** Receive additional service time sorting and shelving these donations and attending SCO orientation to Hunger and Homelessness in Orange County..

Most Needed Items

- Peanut butter & Jelly (small and medium size)
- Rice (10, 20 & 50 lb bags)
- Spaghetti & Pasta (1 lb packages)
- Pasta Sauce (in cans)
- Instant Potatoes
- Hot & Cold Cereal
- Canned Vegetables
- Canned Fruit
- Juices
- Macaroni & cheese
- Refried Beans
- Pork & beans
- Canned Meat
- Tuna Fish
- Chili & Beans
- Soup in Cans & Packages
- Boxed Cake & Frosting
- Hygiene items
- No bottled water needed

For more information or to
sign up, contact:

Don Ruff

Volunteer Coordinator

26776 Vista Terrace

Lake Forest, CA 92630

949-380-8144, ext. 206

Email: druff@sco-oc.org

"Partnering to Touch Lives by Preventing Hunger and Homelessness"