

# Mental Health Resources

Name	Location	Phone	Program Info	Area Served
Access California Services	631 S. Brookhurst Street Suite 107 Anaheim, CA 92804 www.accesscal.org	(800) 287-1332 (714) 917-0440	Provides economic and social resources to local Arab and Muslim Americans (but will also serve families and individuals of any faith or ethnicity) Counseling and Support services are among the services provided	Orange County
ADAS (Alcohol & Drug Abuse Services)	1200 N. Main Street, #300 Santa Ana, CA 92701	(800) 729-6686 (800) RELAPSE	24-Hour referrals to prevention and treatment programs	Nationwide
Alcohol Abuse 24-Hour Hotline	24-Hour Hotline	(800) 331-2900	24-Hour alcohol abuse support hotline	Nationwide
BBK Results Oriented Therapy	23461 South Pointe Drive Suite 175 Laguna Hills, CA 92653	(714) 543-0483	Monday-Friday; 8am-7pm Saturday, Sunday; By Appointment Only Services include individual, family, children's teen, couples, and group therapy	Orange County
CalOptima Behavioral Health	Hotline	(855) 877-3885	For all Medi-Cal, OneCare, and OneCare Connect members seeking outpatient mental health services and substance abuse services (including Behavioral Health Treatment)	Orange County
Care Possible	28801 Via Pasatiempo Laguna Niguel, CA 92677 www.carepossible.org/mental-health	(949) 415-4911	Provides veterans and low income families mental health and addiction care	Orange County
Community Counseling and Supportive Services	1040 W Town and County Road Bldg. G Orange, CA 92868	(714) 645-8000	Monday-Thursday; 8am-6pm Friday; 9am-5pm Provides screening and assessment, individual counseling, groups (support and educational), case management, and referral and linkages	Orange County
Crisis Prevention Hotline	www.suicidepreventionlifeline.org	(877) 727-4747 (800) 273-8255	Provides 24-Hour, free and confidential support for people in distress, prevention, and crisis resources	Nationwide
Didi Hirsch Mental Health Services	www.didihirsch.org	(888) 807-7250	Monday-Friday, 8am-5pm Intake counselors and licensed program coordinator assess needs, schedule intake appointments and provide referrals for community resources	Nationwide

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Didi Hirsch Orange County Center	2000 E. 4th Street, Suite 110 Santa Ana, CA 92705	(714) 547-0885	Provides survivor support services, education and outreach, and survivors of suicide attempts support groups	Orange County
ETS (Evaluation & Treatment Services)	1030 W. Warner Santa Ana, CA 92707	(714) 834-6900	Emergency psychiatric services	Orange County
Health Care Agency Behavioral Health Services Information and Referral Line	<a href="http://www.ochealthinfo.com/oclinks">www.ochealthinfo.com/oclinks</a>	(855) OC-LINKS (855) 625-4657	Support for anyone seeking linkage to any of the Health Care Agency's Behavioral Health Services Services include children and adult mental health, alcohol and drug inpatient/outpatient, crisis programs, and prevention/early intervention services	Orange County
Living Success Center	445 E. 17th Street, Suites D-E Costa Mesa, CA 92627 <a href="http://www.livingsuccesscenter.org">www.livingsuccesscenter.org</a>	(949) 645-4723	Provides help in dealing with depression, anxiety, substance abuse, marriage and relationship challenges, parenting problems, school difficulties and career changes	Orange County
Orange County Mental Health Plan Access Line	Hotline	(800) 723-8641	Referrals for mental health services	Orange County
NAMI (National Alliance on Mental Illness)	<a href="http://www.namioc.org">www.namioc.org</a>	(714) 544-8488 (800) 950-6264	Support and education for families/friends of individuals suffering from mental illness	Orange County
Orange County Mental Health (South Region)	5 Mareblu Aliso Viejo, CA 92656	(949) 643-6901	Provides assessment, evaluation, collateral therapy, individual and group therapy, substance abuse treatment, medication support, rehabilitation, linkage and consultation, placement, plan development, crisis intervention and specialized residential services	South Orange County
Shanti Orange County	23461 South Pointe Drive Suite 100 Laguna Hills, CA 92653 <a href="http://www.shantioc.org">www.shantioc.org</a>	(949) 452-0888	Services for those with chronic diseases, including HIV/AIDS Services include therapy (individual, couples, or group), case management and connection to community resources such as transportation, housing, financial aid, and connection to medical and pharmacy resources	Orange County

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Share Ourselves (SOS)	1550 Superior Ave Costa Mesa, CA 92627 www.shareourselves.org	(949) 270-2100	Clinic that provides free or low cost primary care including preventive health care, chronic disease management, mental health services, dental services, and same-day appointments	Orange County
The Gary Center	341 S Hillcrest Street La Habra, CA 90631 www.thegarycenter.org	(562) 691-3263	Provides counseling (family, individual, and group), crisis intervention services, and parenting education Accepts Medi-Cal, services provided on a sliding scale	Orange County
Warmline Network Services	Live Chat at <a href="http://www.namioc.org">www.namioc.org</a>	(714) 544-8488 (877) 910-9276	Phone based, non-crisis help for mental health issues	Nationwide
Western Youth Services (WYS)	23461 South Pointe Drive Suite 220 Laguna Hills, CA 92653 www.westernyouthservices.org	(949) 855-1556	Provides services to prevent development of mental health conditions/reduce risk factors for ages 16-24	Orange County