

Senior Resources

Name	Location	Phone	Program Info	Area Served
Adult Protective Services	24-Hour Hotline	(800) 451-5155	If elder abuse is suspected, call the hotline Adult Protective Services (APS) are directed at preventing or remedying neglect, abuse or exploitation of adults who are unable to protect their own interests because of age or disability	Orange County
Age Well Senior Services	24461 Ridge Route Drive Suite 220 Laguna Hills, CA 92653	Varies by location (see right)	Provides services, resources and programs, such as, Meals on Wheels, Case Management, Congregate Lunches, Senior Centers, Health & Wellness, and Non-Emergency Medical Transportation For specific information about upcoming programs, please call your local senior center Dana Point: (949) 496-4252 Laguna Beach: (949) 715-5462 Laguna Hills: (949) 380-0155 Laguna Niguel: (949) 362-2807 Lake Forest: (949) 461-3458 Mission Viejo: (949) 470-3063 Newport: (949) 718-1820 RSM: (949) 216-9700 San Clemente: (949) 498-3322 SJC: (949) 493-5921 Silverado: (714) 649-2850	South Orange County
Aging & Disability Resource Connection Dayle McIntosh Center	24031 El Toro Road, Suite 300 Laguna Hills, CA 92653 www.adrcoc.org	(800) 510-2020	Professional resource specialists will provide accurate, up-to-date information about community resources and support for seniors, people with disabilities, and caregivers	Orange County
Alzheimer's Orange County	2515 McCabe Way, Suite 200 Irvine, CA 92614	(949) 955-9000 (844) 435-7259	Helpline staffed around-the-clock with Master's level care consultants who connect callers to information and support Offers a wide variety of services and programs for individuals experiencing memory loss and for their families/friends.	Nationwide

Senior Resources

Name	Location	Phone	Program Info	Area Served
California Registry	www.calregistry.com	(800) 777-7575	State licensed agency providing senior housing information and services	California
Council on Aging	2 Executive Circle, Suite 175 Irvine, CA 92614	(714) 479-0107	Provides advocacy and protection, education and outreach, and socialization Information on Medicare and ombudsman services for those in assisted living/nursing homes	Orange County
Laguna Woods Village, Social Services	24351 El Toro Road Laguna Woods, CA, 92637	(949) 597-4200	Professional staff assist Laguna Woods Village residents with different social services, referrals, and some financial assistance	Laguna Woods Village
Legal Aid Society of Orange County Senior Citizens Legal Advocacy Program	2101 N. Tustin Ave Santa Ana, CA 92705 www.legal-aid.com	(800) 834-5001 (714) 571-5200	Offers a variety of free legal services to low income persons and seniors	Orange County & Southeast Los Angeles Counties
Orange County Office on Aging	OC Community Services 1300 S. Grand Ave, Bldg. B Santa Ana, CA 92705	(800) 510-2020 (714) 480-6450	Lead advocate, planner and facilitator relative to all aging issues on behalf of all older persons in Orange County	Orange County
Safe Options for Seniors through Human Options	Multiple Locations www.humanoptions.org	(949) 757-3635	Provides services to individuals 50 years and older, or 18 years and older with a disability, who have experienced physical, emotional, or sexual abuse by a spouse/intimate partner or family member Individual/group counseling, legal advocacy, information and referrals, and community education and outreach	Orange County
Senior Health Outreach and Prevention Program (SHOPP)	County of Orange Health Care Agency	(714) 972-3700 (714) 834-7759	Health screening, behavioral health assessment and evaluation, intervention, linkage, case management, and consultation/education All persons age 45 and above who have an unmet healthcare need are eligible with priority given to older adults	Orange County

Senior Resources

Name	Location	Phone	Program Info	Area Served
Senior's Farmer Market Nutrition Program (SFMNP)	1220 N. Street, Suite 120 Sacramento, CA 95814 www.fns.usda.gov/sfmnp	(916) 657-3231	Provides low-income seniors with coupons that can be exchanged for eligible foods (fruits, vegetables, honey, and fresh-cut herbs) at farmers' markets, roadside stands, and community supported agriculture (CSA) programs	California